

CAUSE FOR ALARM.

Loss of Appetite or Distress After Eating a Symptom That Should Not Be Disregarded.

Appetite is just a natural desire for food. Loss of appetite or stomach distress after eating indicate indigestion or dyspepsia. Over-eating is a habit very dangerous to a person's good general health.

It is not what you eat, but what you digest and assimilate that does you good. Some of the strongest, heaviest, and healthiest persons are moderate eaters.

There is nothing that will cause more trouble than a disordered stomach, and many people daily contract serious maladies simply through disregard or abuse of the stomach.

We urge all who suffer from any stomach derangement, indigestion, or dyspepsia, whether acute or chronic, to try Rexall Dyspepsia Tablets, with the distinct understanding that we will refund their money without question or formality, if after reasonable use of this medicine, they are not perfectly satisfied with the results. We recommend them to our customers every day, and have yet to hear of any one who has not been benefited by them. We honestly believe them to be without equal. They give very prompt relief, aiding to neutralize the gastric juices, strengthen the digestive organs, to regulate the bowels, and thus to promote perfect nutrition, and eradicate all unhealthy symptoms.

We urge you to try a 25c. box of Rexall Dyspepsia Tablets, which gives 15 days' treatment. At the end of that time, your money will be returned to you if you are not satisfied. Of course, in chronic cases length of treatment varies. For such cases, we have two larger sizes, which sell for 50c. and \$1.00. Remember, you can obtain Rexall Remedies in this community only at our store—The Rexall Store. Z. T. Hinds, Cookeville, Tenn.

Ranger, Georgia

To my many friends, the Herald readers I will say: That now I am in the hilly regions of north-west Georgia about midway between Knoxville and Atlanta.

Ranger is a nice little town of 250 or 300 inhabitants in the Peck-erwood valley of Gordon county.

We have four stores, a gin, lumber mill, grist mill, blacksmith shop, warehouse, barber shop, two nice churches, a nice public school building of four rooms including a lodge hall.

We have a good school here of about 100 pupils ranging from the first to the eighth grade.

Ranger has two rural routes.

At present we are having plenty of rain but up to Nov. 1st it has been a dry fall and the farmers have taken advantage of the pretty weather and have most of their crops gathered.

Cotton and corn are the principal crops and they are unusually good this year in this section.

The business men say that business is rather dull on account of the price of cotton being so low that farmers are not selling much yet.

Cotton is worth only 9cts per lb. to 14cts at this time last season. Increase in production is said to be the cause of decrease in price.

I expect to be in school work here about six or seven months

but intend to see my Tennessee friends during that period.

The principal occupations of this section are farming and lumber manufacturing.

W. L. G. did you win?

Kip, I wish you were here and we'd go fishing. Cash is just about the same old place. For a lively place I prefer Ranger to Cash but the people of Cash can't be beat for hospitality.

I would like for the Oklahoma circulation manager to correspond more often. Did you get any birthday cards?

How is Umatilla, Florida, Dee?

Would like to hear from my Tennessee friends through the Herald, or by personal letter.

Success to all. B. H. PHILLIPS.

Doan's Regulets cure constipation, tone the stomach, stimulate the liver, promote digestion and appetite and easy passage of the bowels. Ask your druggist for them. 25 cents a box.

Algood

The Herald is a fine little paper it is just like getting a letter from a friend.

Say, cousin Alex T. you was talking about that big frost, that wasn't as bad as the snow Sunday.

Maggie uncle Bill was with us when papa came home. be sure and come next Saturday; we are going to look for you.

Myma W. of Obey City don't go to sleep I like to hear from that place as it sounds like home to me. Your letters are fine.

C. T. Kimes how are you liking Texas by this time?

The writers father made a business trip to Cookeville Saturday.

Missess Edna Cannon and Grace Breeding visited the writer last Sunday.

R. L. and Joe Walker of Monterey were in this section Saturday.

What has become of the writer at Oak Hill? I guess they are asleep but I hope they will wake up and give us the news.

A. E. Ashburn how did you enjoy the reunion at Livingston? I heard someone talking about seeing you there.

Hello, L. H. of Wilder are you coming home Christmas? Tell Belle part of my flowers got killed but I think I can keep the rest until she comes and gets hers.

LAURA TUDOR.

State of Ohio, city of Toledo, ss,
Lucas County,

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1896.
(Seal)

A. W. GLEASON,
Notary Public.

Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

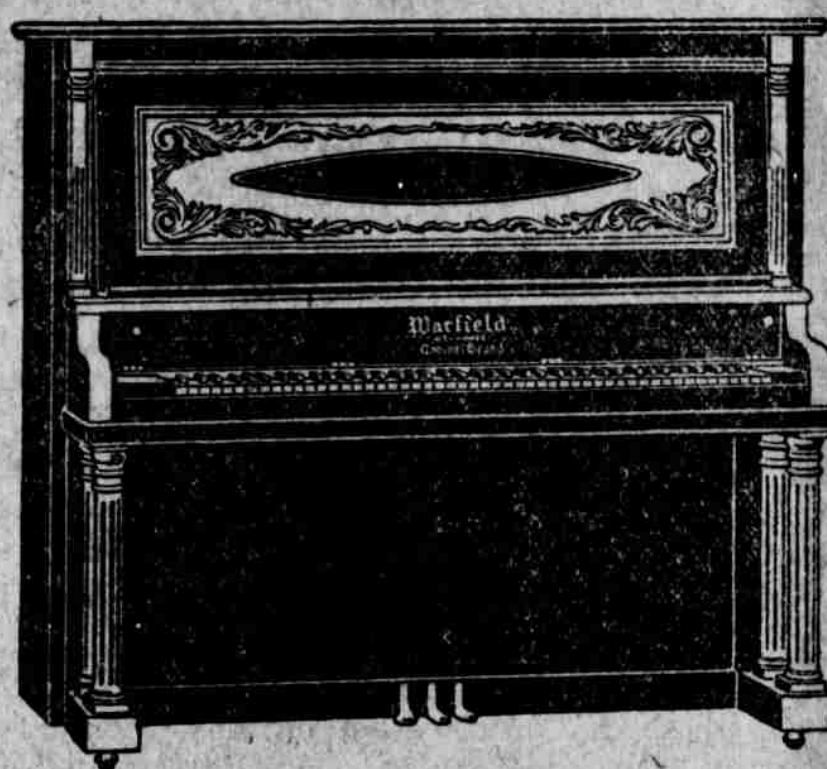
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Call and see the wonderful pianos of above cut. I have made special arrangements with the Waltham Piano Factory, in order to introduce this piano, to sell same for about one-half price for a limited time. For tone and touch it is unequalled. You can buy this piano on long payments for we are not afraid of any trouble with this instrument. It is guaranteed as long as any high grade piano by the Waltham Piano Company, countersigned by Felix A. Brown, Cookeville, Tenn.

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Improved and unimproved farms and city property for sale, rent or exchange. List your property with me. Will help you get a purchaser. My entire time given to the work after Jan. 1, 1912. Have taken a full course in the National Co-operative Realty Co., by E. R. Marden, president. Special agent Doyle Consolidated Mines Co., and Villa Heights lot sale, Washington, D. C. Will co-operate with agents of National Co-operative Realty Co.

SAMUEL B. YEARGAN

Cookeville and Gainesboro, Tenn.

Florence Crittenton Mission Home

613 Ewing Avenue
NASHVILLE, TENNESSEE

A reformatory and training school for unfortunate girls who have gone astray. A nominal sum is charged for those who are able to pay, but no girl, friendless and penniless, is refused admittance.

MRS. A. E. WEIMANN
Matron